



MUGG & BEAN

GIVING YOU MORE AND MORE





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HOW WE MAKE



We go the extra mile to do more than just make food, by making food with thought.



THINK QUALITY

From the first sip to the last bite, you can taste the difference.

We are committed to only using free-range eggs.

Our coffee is globally-sourced, locally-roasted & professionally poured.

We leave the skin on our fries because they're more nutritious that way.



THINK WELLNESS

We do our best to offer you more and more, no matter your dietary requirements.

To help you make more informed choices, kilojoule counts are listed next to each meal & the full nutritional guide is on our website.

In partnership with Chef Mokgadi Itsweng, we're offering more delicious choices made with future thinking, locally sourced ingredients like sorghum, lentils & beans.

Find Mokgadi's creations using the  symbol.

We're Vitality HealthyDining partners – find approved meals using the  symbol.



THINK COMMUNITY

A meal is only as good as the ingredients that were used to prepare it, so we source the majority from local farmers & suppliers.

Together with our partners, Cupcakes of Hope, we are committed to raising awareness & funds for kids affected by childhood cancer.

As part of the YES (Youth Employment Service) Programme, we continue to employ young black South Africans in our restaurants every year.

Use these icons to find a meal that suits your preferences & dietary requirements:



Lacto-ovo vegetarian: Includes dairy products & or eggs



Vegan friendly: No use of, or containing any animal products



Discovery Vitality HealthyDining



Mokgadi's Creations



New products



Rolo® Muggachino NEW

Refreshingly blended iced coffee with Rolo®.

65 | 2126 kJ

Vietnamese Iced Latte NEW

Single shot of espresso, cold milk, condensed milk, ice & milk foam.

45 | 834 kJ

^Subject to availability, **Contains nuts, *May contain nuts



TRY OUR **NEW** AFFOGATOS

Nutella® Affogato

Single shot of espresso, ice cream, Nutella®** & a mini choc-chip cookie.

39 | 1500 kJ

Biscoff® Affogato

Single shot of espresso, ice cream, Biscoff® spread & a Biscoff® cookie.

39 | 1319 kJ

TRY OUR **NEW** HEALTHY BREAKFASTS

Yoghurt, Fruit & Granola Bowl **NEW**

Full-cream plain yoghurt & fresh seasonal fruit with strawberry & chia seeded granola.

89 | 1449 kJ



Summer Oats Bowl **NEW**

Warm cinnamon oats, peanut butter**, banana, strawberries & pecan nuts**.

59 | 2598 kJ



HealthyDining

THE ROASTERY

Our baristas pour their passion & professionalism into every cup of coffee they make. Whether you like a creamy & velvety cappuccino or a reliable & robust filter coffee, we offer a variety of creations to satisfy your craving. We know that you have discerning tastes, so we've provided milk alternatives too.

Soy milk no charge | Almond milk** +10 | Oat milk +10 | Decaf Espresso: Single +7 Double +14 | Whipped cream +13
Syrups +10: Vanilla | Hazelnut* | Caramel | Apple Pie

Espresso

Single shot.

30 | 11 kJ

Doppio Espresso

Double shot.

32 | 23 kJ

Cortado

Double shot of espresso with an equal amount of texturised milk.

Classic **38** | 183 kJ

Biscoff® **NEW** **39** | 643 kJ

Nutella®** **NEW** **44** | 602 kJ

Flat White

Double shot of espresso with texturised milk.

39 | 637 kJ

Caffè Latte

Single shot of espresso with texturised milk.

45 | 679 kJ

Cappuccino

Espresso with texturised milk.

Short (Single Shot) **39** | 569 kJ

Easy (Double Shot) **45** | 717 kJ

Serious (Double Shot) **49** | 1224 kJ

Americano

Double shot of espresso with hot water.

39 | 76 kJ

Caffè Mocha

Hot chocolate & a single shot of espresso with texturised milk.

52 | 1111 kJ

CHILLED

Iced Latte **NEW**

Single shot of espresso, cold milk, ice & milk foam.

39 | 438 kJ

Chino Muggachino

Refreshingly blended iced coffee.

59 | 1323 kJ

FILTER COFFEE

Our coffee beans are locally roasted & ground. Choose between **House Blend** or **Mocca Java**.

Bottomless

49 | 76 kJ

Single Cup

35 | 76 kJ

Served & charged per person.

Unfortunately, sharing is not allowed.

Spanish Latte **NEW**

Single shot of espresso with texturised milk & condensed milk.

39 | 474 kJ

Cortado



^Subject to availability, **Contains nuts, *May contain nuts

HOT & CHILLED DRINKS

HOT

Caribbean Mocha
Coconut, coffee & chocolate flavours with texturised milk.
65 | 1486 kJ

Red Cappuccino®
With texturised milk.
Easy **49** | 861 kJ
Serious **54** | 1285 kJ

Hot Chocolate
With texturised milk.
49 | 1353 kJ

Pot of Tea
Five Roses®
Rooibos
30 | 139 kJ

CHILLED

Soft Drinks  No Sugar Soft Drinks 
34 | 540 kJ **34** | 15 kJ

Classic Milkshakes & Fruit Juices
Ask our team about available options.

Slushes
Pineapple & Cucumber 
59 | 873 kJ



Story behind the dish

Strawberry, Hibiscus & Ginger 
69 | 452 kJ



Story behind the dish



Strawberry,
Hibiscus &
Ginger Slush

Apple Pie Milkshake 
Served with a mini apple pie.
65 | 2940 kJ

Hot
Chocolate

BOTTOMLESS

Served & charged per person. Unfortunately, sharing is not allowed.

Fruity Fizzes

Choose any flavour for your refill.

Kiwi & Watermelon	763 kJ
Pear & Elderflower	638 kJ
Guava & Grapefruit	625 kJ
64	

Lemonade

64 | 375 kJ

Peach Iced Tea

64 | 533 kJ

Hot Chocolate

With texturised milk.

69 | 1353 kJ

Kiwi & Watermelon
Bottomless
Fruity Fizz

Guava & Grapefruit
Bottomless Fruity Fizz

Pear & Elderflower
Bottomless
Fruity Fizz

^Subject to availability, **Contains nuts, *May contain nuts

BREAKFAST & BRUNCH

Served all day.

EGGS BENEDICT

Poached egg, hollandaise sauce & a toasted English muffin.

Classic

Topped with pastrami. Served with grilled tomato & a hash brown.

SINGLE **69** | 3294 kJ

DOUBLE **114** | 4116 kJ

South African

Topped with a boerewors patty & corn chakalaka.

SINGLE **77** | 3270 kJ

DOUBLE **129** | 5745 kJ

Big Ben

Topped with baby spinach, grilled tomato, hash brown, cheddar, pastrami, beef macon & a battered onion ring.

SINGLE **89** | 3112 kJ

DOUBLE **145** | 5422 kJ

Buffalo Chicken & Blue Cheese

Sesame-crusted chicken strips coated in hot sauce, blue cheese crumbles & an extra drizzle of hot sauce.

SINGLE **79** | 2600 kJ

DOUBLE **129** | 4404 kJ

OMELETTES

Three-egg or egg white omelette. Served with buttered white, wholewheat or rye toast.

Buttered sourdough toast +6 | 1548 kJ

California

Filled with cheddar, mozzarella & fresh basil. Topped with avo[^], beef macon, feta & basil pesto^{**} mayo. Served with roasted rosemary cherry tomatoes.

152 | 4700 kJ

Rancheros

Filled with cheddar, mozzarella & shakshuka sauce. Topped with spicy macon bits, avo[^], baby potatoes, charred corn, cherry tomatoes & chilli mayo.

Served with sour cream.

149 | 4957 kJ

Create Your Own

FILLINGS:

Onion	+11	100 kJ
Tomato	+14	70 kJ
Herbed Mushrooms	+29	188 kJ
Cheddar	+19	646 kJ
Mozzarella	+22	533 kJ
Macon Bits	+14	191 kJ
Pastrami	+36	410 kJ

65 | 1724 kJ

★ | We are committed to only using free-range eggs



Rancheros
Omelette

South African
Eggs Benedict

[^]Subject to availability, ^{**}Contains nuts, ^{*}May contain nuts

CLASSICS

Fried, scrambled or poached eggs. Served with buttered white, wholewheat or rye toast.
Buttered sourdough toast +6 | 1548 kJ

On-The-Go

Two eggs, beef macon & grilled tomato.
69 | 2631 kJ

Classic

Two eggs, honey-glazed beef macon, grilled tomato & a hash brown. Served with rosemary-salted skin-on fries.
99 | 4376 kJ

South African Farm

Two eggs, beef macon, a hash brown, grilled tomato & boerewors topped with tomato chutney.
149 | 6908 kJ

Hearty Grill

100g BBQ basted rump, beef macon, boerewors, two eggs, a hash brown, grilled tomato & herbed mushrooms.
179 | 5463 kJ

Nutritious & Delicious

Avo` On Toast

Cucumber, baby spinach, lemon zest & sesame seeds on lightly buttered wholewheat or rye toast.
85 | 1151 kJ / 1252 kJ

Low-Carb Breakfast

Two poached eggs, grilled halloumi, avo`, sautéed baby spinach & roasted rosemary cherry tomatoes.
132 | 2485 kJ

Something Different

Spicy Beans On Toast

Spiced tomato four bean medley served on buttered & toasted sourdough with a poached egg & pea pesto.



Story behind the dish

For a healthier option, choose wholewheat or rye. 

69 | 1946 kJ / 1798 kJ / 2022 kJ

Breakfast Bagel

Buttered & toasted bagel*, beef macon, scrambled egg, rocket, tomato chutney & basil pesto** hollandaise sauce.
89 | 3152 kJ

Sweetcorn Fritter Stack

Cheddar & spring onion sweetcorn fritters, beef macon, roasted rosemary cherry tomatoes, avo` & ranch dressing. Served with buttered white, wholewheat or rye toast.
119 | 3519 kJ

Buttered sourdough toast

+6 | 1548 kJ



Breakfast Bagel



Hearty Grill Breakfast

FRESH SALADS

Monte Cristo

Beef strips, macon bits, avo^o, blue cheese, cherry tomatoes & spring onion with mixed lettuce. Served with honey mustard dressing & bagel^o melba toast.

Light **125** | 2431 kJ

Regular **199** | 3714 kJ

Summer Nourish

Feta, chilled sorghum, lentils, beetroot hummus, red onion, cucumber, cherry tomatoes & fresh herbs. Served with a honey citrus dressing.

Regular **85** | 1581 kJ



Story behind the dish

Asian Crispy Veg Fresh Salad

Cucumber, carrot, red cabbage, cherry tomatoes, coriander, mint & spring onion. Served with veg pakoras & chilli maple-flavoured dressing.

Light **49** | 953 kJ

Regular **89** | 1473 kJ



Story behind the dish

Chicken Caesar Fresh Salad

Grilled chicken breast, crispy macon bits, Parmesan shavings, sourdough croutons, lettuce & a boiled egg. Served with Caesar dressing.

Light **99** | 1792 kJ

Regular **154** | 2593 kJ

OPEN SANDWICHES

Mediterranean Veg

Grilled mixed peppers, roasted rosemary cherry tomatoes, basil pesto^o mayo, Kalamata olives, feta & shakshuka sauce. Served on wholewheat or rye toast.

67 | 1479 kJ / 1581 kJ

Smoked Trout

Cucumber ribbons, cream cheese, chives, red onion, lemon zest & black pepper. Served on lightly buttered wholewheat or rye toast.

127 | 1473 kJ / 1567 kJ

BBQ Steak

Sesame-crusted beef strips in Asian BBQ sauce, grilled peppers & cabbage, pickled ginger, sesame seeds & spring onion on buttered & toasted sourdough. Served with rosemary-salted skin-on fries, sweet potato fries or a side salad.

117 | 3498 kJ



TOASTED SANDWICHES

Buttered & toasted white, wholewheat or rye bread.
Served with rosemary-salted skin-on fries,
sweet potato fries or a side salad.

Cheddar & Tomato V

79 | 3845 kJ

Chicken Mayo

89 | 3985 kJ

Beef Macon & Egg

102 | 3510 kJ

Buttered sourdough

+12 | 3096 kJ

Alabama Chicken Stack

Shredded chicken breast, tomato, beef macon & melted mozzarella on buttered sourdough toast. Topped with mustard cheddar sauce, honey mustard dressing & avo^o.

145 | 4607 kJ

Croque Madame

Pastrami, cheddar, sautéed onions & creamy mustard cheddar sauce on buttered & toasted sourdough. Topped with melted cheddar & a fried egg.

105 | 4230 kJ

Roast Beef Baguette

Buttered & toasted baguette, thinly sliced rare roast beef, dijon mustard, melted mozzarella, crispy chipotle onions & rocket. Served with jus.

124 | 4409 kJ



Alabama Chicken Stack



Smoked Trout Open Sandwich

Italian Baguette NEW

Buttered & toasted baguette, pastrami, beef salami, mayo, mozzarella, Kalamata olives & grilled peppers. Served with rosemary-salted skin-on fries, sweet potato fries or a side salad.

119 | 4534 kJ



BURGERS & BITES

GOURMET BURGERS

Served on a sesame brioche bun, with rosemary-salted skin-on fries, sweet potato fries or a side salad.

Veggie

Falafel patty, chilli mayo, tomato, lettuce & sautéed onions.

99 | 3327 kJ



Buttermilk Chicken

Deep-fried sesame-crusted chicken strips, rainbow slaw, grated Parmesan, tomato, honey citrus dressing, burger mayo & lettuce.

139 | 4819 kJ

Beef Burgers

Our premium BBQ basted flame-grilled beef patties are carefully crafted from 100% ground beef. They are cooked medium for more and more flavour, unless requested otherwise.

Creamy Jalapeño

Crispy chipotle onions, diced pineapple & creamy jalapeño chilli dressing.

135 | 6069 kJ

BBQ Cheddar

Layered with gherkins, tomato, burger mayo, red onion & lettuce.

149 | 5460 kJ

Big Daddy

Layered with gherkins, tomato, burger mayo, red onion & lettuce. With a fried egg, beef macon, pastrami & cheddar. Topped with battered onion rings.

185 | 8136 kJ



Buttermilk Chicken
Gourmet Burger

Big Daddy
Gourmet Burger

*Subject to availability, **Contains nuts, *May contain nuts

Mini Burger Duo

Choose any two from:
Boerewors Patty & Cheddar
or
Sesame-crusted Buttermilk Chicken
Served with rosemary-salted skin-on fries, sweet potato fries or a side salad.

99 | 3833 kJ

★ | Our fries are locally sourced & we leave the skin on to retain nutrients & reduce waste

BITES

Sesame-Crusted Buttermilk Chicken Strips

Deep-fried & served with sweet chilli dipping sauce.

89 | 5050 kJ

Coated Spicy Buffalo Chicken Wings

Deep-fried & served with blue cheese dipping sauce.

112 | 3938 kJ



Mini Burger Duo



Coated Spicy Buffalo Chicken Wings

Creamy Jalapeño Gourmet Burger



HEARTY & GENEROUS

Chipotle Chicken Livers

Pan-fried in a cream, red onion, garlic & smoky chipotle sauce. Served with buttered & toasted sourdough.

92 | 5128 kJ

Mediterranean Veg Bowl



Sorghum, roasted cherry tomatoes, mushrooms, baby marrows, mixed peppers & basil.

95 | 1990 kJ

Roasted Tomato & Basil Soup

Topped with basil pesto** & served with a toasted white, wholewheat or rye mozzarella sandwich.

99 | 6555 kJ



Story behind the dish

Chicken & Mushroom Pot Pie

Creamy chicken, mushroom & veg filling. Topped with a rosemary & poppy seed puff pastry lid. Served with rosemary-salted skin-on fries, sweet potato fries or a side salad.

119 | 6555 kJ

Sesame-Crusted Chicken & Veg Bowl

Egg-fried basmati rice, stir-fried veg, avo, spring onion & pickled ginger with honey-soy sauce.

139 | 3983 kJ

Meaty Sharing Platter

Beef empanadas, BBQ basted boerewors bites, spiced jerk chicken skewers, chargrilled beef rashers & crushed baby potatoes. Served with creamy jalapeño chilli dipping sauce & tomato chutney.

265 | 10368 kJ



Chicken & Mushroom
Pot Pie



Sesame-Crusted
Chicken & Veg Bowl



Mediterranean
Veg Bowl

GRILLS

Local Braai Plate

Rosemary & lemon lamb loin chop, spiced jerk chicken skewers, BBQ basted boerewors & a sourdough braai broodjie. Served with creamy coleslaw or potato salad.

255 | 7460 kJ

Served with rosemary-salted skin-on fries, sweet potato fries or a side salad.

Rump, Wings & Rings

100g BBQ basted rump, deep-fried coated spicy buffalo chicken wings & battered onion rings. Served with blue cheese dipping sauce.

159 | 6115 kJ

Rib & Wing Combo

200g BBQ basted beef ribs & deep-fried coated BBQ chicken wings.

219 | 7012 kJ

Grilled Rump

250g BBQ basted rump, topped with herb butter. Served with battered onion rings & jus.

267 | 5765 kJ

Pit Boss BBQ Grill

200g BBQ basted rump, chargrilled beef rashers, boerewors, deep-fried coated BBQ chicken wings & half a grilled corn on the cob. Served with a creamy mustard cheddar dipping sauce.

295 | 8473 kJ



Local Braai Plate



Rump, Wings & Rings

FRESHLY BAKED

Our cakes, pies, tarts & muffins are freshly baked on site by our skilled Master Bakers with delicious locally sourced ingredients, so that you always get a taste of home. As everything is fresh, our selection may vary. If your favourite isn't available today, how about trying something new?

Cake Slice^{**}

84 | 5343 kJ

Add ice cream or whipped cream.

+16 | 222 kJ / 118 kJ

Pie or Tart Slice^{**}

Served with ice cream or whipped cream.

74 | 4534 kJ

Famous Giant Muffin^{**}

50 | 5294 kJ

Add butter, strawberry jam & cheddar.

+10 | 1392 kJ

Made from scratch with the same recipe for over two decades.

Lemon
Meringue



Carrot
Cake





BREAKFAST & BRUNCH

Egg In A Nest

Fried egg in a slice of white, wholewheat or rye toast with beef macon & grated cheddar.

59 | 1742 kJ

Smashed Avo* & Poached Egg

Served on buttered white toast.

69 | 1742 kJ

Choose wholewheat or rye toast to make it better for you. 

1928 kJ / 1742 kJ

Big Boy Breakfast

Scrambled egg, boerewors, toast soldiers & skin-on fries.

85 | 3797 kJ

Small Bowl of Goodness

Fresh fruit sticks & yoghurt dip.

49 | 586 kJ

★ | We are committed to only using free-range eggs

BURGERS & BITES

Served with skin-on fries. For a healthier option, swop skin-on fries for sweet potato fries, a side salad, carrot sticks or apple slices.

Chicken Burger

Grilled chicken breast with mayo.

69 | 2887 kJ

Beef Burger

100% ground beef patty, BBQ sauce & mayo.

95 | 5556 kJ

Add a slice of tomato & lettuce +11 | 34 kJ

Sesame-Crusted Buttermilk Chicken Strips

85 | 2813 kJ

Choose grilled chicken strips & a light side salad to make it better for you. 

95 | 1740 kJ

DRINKS

Little Chino

Texturised milk dusted with hot chocolate powder.

17 | 363 kJ

Classic Milkshakes & Fruit Juices

Ask our team about available options.



Orange
Juice

Sesame-Crusted
Buttermilk
Chicken Strips

Egg In
A Nest



#MYMUGGTABLE

Love what you see on your table?
Snap a photo & post it using #MyMuggTable &
we could be featuring you on our social media pages!

www.muggandbean.co.za



We don't just make food. We make food with thought. Visit our website to find out how we make food that's good for the environment, for local communities & for you.



Scan here to
view nutritional &
allergen info



Scan here to view
our menu online



HealthyDining

Discovery Vitality members get up to 25% back on all qualifying HealthyDining meal options, plus 50% back on Vitality kids' HealthyDining meals for under 12s. To get your rewards, activate HealthyDining on the Discovery app, purchase a Mugg & Bean HealthyDining meal (you can spot it with the 'V' indicator), and scan your receipt in the HealthyDining section of the Discovery app. Discovery Vitality (Pty) Ltd. Registration number: 1999/007736/07. Limits, terms and conditions apply.

T&Cs apply. Bottomless menu items available for sit-down customers only. Ingredients may vary subject to availability & seasonality. Menu descriptors do not contain full ingredients. If you require any allergen information prior to ordering, please ask a member of our team to assist. We use a lot of different ingredients & shared equipment in our kitchens, as well as some products that have been produced by suppliers. Due to this, we cannot guarantee that our food is completely free of allergens or traces of allergens. Portion weights are raw weights. Any change or addition to our original recipes will result in kilojoule count variations. Some items are calculated on the highest kilojoule variant. Consuming raw or under-cooked meats, poultry or eggs may increase your risk of foodborne illness & is done so at your own risk. Only certain pies & tarts are served with cream or ice cream. All visuals are suggested servings only & for descriptive purposes only, size & appearance may vary. All extras will be charged for. Certain menu items are made from non-dairy cream. Not all items on this menu are available as takeaway. While stocks last.



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Mugg & Bean cares.
Please recycle.

Halaal Summer 2025. Prices quoted in rands & inclusive of VAT.